Lifelight: Selected Psalms Session 7 Readings

Day 1

Psalm 2

- 1 Why do the nations rageand the peoples plot in vain?
- 2 The kings of the earth set themselves, and the rulers take counsel together, against the LORD and against his anointed, saying,
- 3 "Let us burst their bonds apart and cast away their cords from us."
- 4 He who sits in the heavens laughs; the Lord holds them in derision.
- 5 Then he will speak to them in his wrath, and terrify them in his fury, saying,
- 6 "As for me, I have set my King on Zion, my holy hill."
- 7 I will tell of the decree: The LORD said to me, "You are my Son; today I have begotten you.
- 8 Ask of me, and I will make the nations your heritage, and the ends of the earth your possession.
- 9 You shall break them with a rod of iron and dash them in pieces like a potter's vessel."
- 10 Now therefore, O kings, be wise; be warned, O rulers of the earth.
- 11 Serve the LORD with fear, and rejoice with trembling.
- 12 Kiss the Son, lest he be angry, and you perish in the way, for his wrath is quickly kindled. Blessed are all who take refuge in him.

2 Samuel 2:1-4

- 1 After this David inquired of the LORD, "Shall I go up into any of the cities of Judah?" And the LORD said to him, "Go up." David said, "To which shall I go up?" And he said, "To Hebron."
- 2 So David went up there, and his two wives also, Ahinoam of Jezreel and Abigail the widow of Nabal of Carmel.
- 3 And David brought up his men who were with him, everyone with his household, and they lived in the towns of Hebron.
- 4 And the men of Judah came, and there they anointed David king over the house of Judah. When they told David, "It was the men of Jabesh-gilead who buried Saul,"

Luke 4:18-21

- 18 "The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed,
- 19 to proclaim the year of the Lord's favor."
- 20 And he rolled up the scroll and gave it back to the attendant and sat down. And the eyes of all in the synagogue were fixed on him.
- 21 And he began to say to them, "Today this Scripture has been fulfilled in your hearing."

Acts 4:25-27

- 25 who through the mouth of our father David, your servant, said by the Holy Spirit, "'Why did the Gentiles rage, and the peoples plot in vain?
- 26 The kings of the earth set themselves, and the rulers were gathered together, against the Lord and against his Anointed'-
- 27 for truly in this city there were gathered together against your holy servant Jesus, whom you anointed, both Herod and Pontius Pilate, along with the Gentiles and the peoples of Israel,

John 8:31-32

- 31 So Jesus said to the Jews who had believed in him, "If you abide in my word, you are truly my disciples,
- 32 and you will know the truth, and the truth will set you free."

John 1:1

1 In the beginning was the Word, and the Word was with God, and the Word was God.

John 1:14

14 And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth.

Luke 1:35

35 And the angel answered her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy- the Son of God.

Luke 3:22

22 and the Holy Spirit descended on him in bodily form, like a dove; and a voice came from heaven, "You are my beloved Son; with you I am well pleased."

Acts 13:33

33 this he has fulfilled to us their children by raising Jesus, as also it is written in the second Psalm, "'You are my Son, today I have begotten you.'

Hebrews 1:1-5

1 Long ago, at many times and in many ways, God spoke to our fathers by the prophets, 2 but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world.

- 3 He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high,
- 4 having become as much superior to angels as the name he has inherited is more excellent than theirs.
- 5 For to which of the angels did God ever say, "You are my Son, today I have begotten you"? Or again, "I will be to him a father, and he shall be to me a son"?

Day 2

Psalm 22

- 1 TO THE CHOIRMASTER: ACCORDING TO THE DOE OF THE DAWN. A PSALM OF DAVID. My God, my God, why have you forsaken me? Why are you so far from saving me, from the words of my groaning?
- 2 O my God, I cry by day, but you do not answer, and by night, but I find no rest.
- 3 Yet you are holy, enthroned on the praises of Israel.
- 4 In you our fathers trusted; they trusted, and you delivered them.
- 5 To you they cried and were rescued; in you they trusted and were not put to shame.
- 6 But I am a worm and not a man, scorned by mankind and despised by the people.
- 7 All who see me mock me; they make mouths at me; they wag their heads;
- 8 "He trusts in the LORD; let him deliver him; let him rescue him, for he delights in him!"
- 9 Yet you are he who took me from the womb; you made me trust you at my mother's breasts.
- 10 On you was I cast from my birth, and from my mother's womb you have been my God.
- 11 Be not far from me, for trouble is near, and there is none to help.
- 12 Many bulls encompass me; strong bulls of Bashan surround me;
- 13 they open wide their mouths at me, like a ravening and roaring lion.
- 14 I am poured out like water, and all my bones are out of joint; my heart is like wax; it is melted within my breast;
- 15 my strength is dried up like a potsherd, and my tongue sticks to my jaws; you lay me in the dust of death.
- 16 For dogs encompass me; a company of evildoers encircles me; they have pierced my hands and feet-
- 17 I can count all my bones- they stare and gloat over me;
- 18 they divide my garments among them, and for my clothing they cast lots.
- 19 But you, O LORD, do not be far off! O you my help, come quickly to my aid!
- 20 Deliver my soul from the sword, my precious life from the power of the dog!
- 21 Save me from the mouth of the lion! You have rescued me from the horns of the wild oxen!
- 22 I will tell of your name to my brothers; in the midst of the congregation I will praise you:
- 23 You who fear the LORD, praise him! All you offspring of Jacob, glorify him, and stand in awe of him, all you offspring of Israel!
- 24 For he has not despised or abhorred the affliction of the afflicted, and he has not hidden his face from him, but has heard, when he cried to him.
- 25 From you comes my praise in the great congregation; my vows I will perform before those who fear him.

- 26 The afflicted shall eat and be satisfied; those who seek him shall praise the LORD! May your hearts live forever!
- 27 All the ends of the earth shall remember and turn to the LORD, and all the families of the nations shall worship before you.
- 28 For kingship belongs to the LORD, and he rules over the nations.
- 29 All the prosperous of the earth eat and worship; before him shall bow all who go down to the dust, even the one who could not keep himself alive.
- 30 Posterity shall serve him; it shall be told of the Lord to the coming generation;
- 31 they shall come and proclaim his righteousness to a people yet unborn, that he has done it.

Matthew 27:46

46 And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?"

Mark 15:29

29 And those who passed by derided him, wagging their heads and saying, "Aha! You who would destroy the temple and rebuild it in three days,

Matthew 27:43

43 He trusts in God; let God deliver him now, if he desires him. For he said, 'I am the Son of God.'"

John 19:28

28 After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), "I thirst."

Acts 2:23

23 this Jesus, delivered up according to the definite plan and foreknowledge of God, you crucified and killed by the hands of lawless men.

John 19:24

24 so they said to one another, "Let us not tear it, but cast lots for it to see whose it shall be." This was to fulfill the Scripture which says, "They divided my garments among them, and for my clothing they cast lots." So the soldiers did these things,

Day 3

Psalm 16

1 A MIKTAM OF DAVID.Preserve me, O God, for in you I take refuge. 2 I say to the LORD, "You are my Lord; I have no good apart from you."

- 3 As for the saints in the land, they are the excellent ones, in whom is all my delight.
- 4 The sorrows of those who run after another god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.
- 5 The LORD is my chosen portion and my cup; you hold my lot.
- 6 The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance.
- 7 I bless the LORD who gives me counsel; in the night also my heart instructs me.
- 8 I have set the LORD always before me; because he is at my right hand, I shall not be shaken.
- 9 Therefore my heart is glad, and my whole being rejoices; my flesh also dwells secure.
- 10 For you will not abandon my soul to Sheol, or let your holy one see corruption.
- 11 You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

Acts 2:25-32

- 25 For David says concerning him, "' I saw the Lord always before me, for he is at my right hand that I may not be shaken;
- 26 therefore my heart was glad, and my tongue rejoiced; my flesh also will dwell in hope.
- 27 For you will not abandon my soul to Hades, or let your Holy One see corruption.
- 28 You have made known to me the paths of life; you will make me full of gladness with your presence.'
- 29 "Brothers, I may say to you with confidence about the patriarch David that he both died and was buried, and his tomb is with us to this day.
- 30 Being therefore a prophet, and knowing that God had sworn with an oath to him that he would set one of his descendants on his throne,
- 31 he foresaw and spoke about the resurrection of the Christ, that he was not abandoned to Hades, nor did his flesh see corruption.
- 32 This Jesus God raised up, and of that we all are witnesses.

Acts 13:35-37

- 35 Therefore he says also in another psalm, "'You will not let your Holy One see corruption.'
- 36 For David, after he had served the purpose of God in his own generation, fell asleep and was laid with his fathers and saw corruption,
- 37 but he whom God raised up did not see corruption.

Day 4

Psalm 110

- 1 A PSALM OF DAVID. The LORD says to my Lord: "Sit at my right hand, until I make your enemies your footstool."
- 2 The LORD sends forth from Zion your mighty scepter. Rule in the midst of your enemies!
- 3 Your people will offer themselves freely on the day of your power, in holy garments; from the womb of the morning, the dew of your youth will be yours.

- 4 The LORD has sworn and will not change his mind, "You are a priest forever after the order of Melchizedek."
- 5 The Lord is at your right hand; he will shatter kings on the day of his wrath.
- 6 He will execute judgment among the nations, filling them with corpses; he will shatter chiefs over the wide earth.
- 7 He will drink from the brook by the way; therefore he will lift up his head.

Matthew 22:41-45

- 41 Now while the Pharisees were gathered together, Jesus asked them a question,
- 42 saying, "What do you think about the Christ? Whose son is he?" They said to him, "The son of David."
- 43 He said to them, "How is it then that David, in the Spirit, calls him Lord, saying,
- 44 "'The Lord said to my Lord, Sit at my right hand, until I put your enemies under your feet'?
- 45 If then David calls him Lord, how is he his son?"

1 Corinthians 15:24-28

- 24 Then comes the end, when he delivers the kingdom to God the Father after destroying every rule and every authority and power.
- 25 For he must reign until he has put all his enemies under his feet.
- 26 The last enemy to be destroyed is death.
- 27 For "God has put all things in subjection under his feet." But when it says, "all things are put in subjection," it is plain that he is excepted who put all things in subjection under him.
- 28 When all things are subjected to him, then the Son himself will also be subjected to him who put all things in subjection under him, that God may be all in all.

Matthew 11:28-30

- 28 Come to me, all who labor and are heavy laden, and I will give you rest.
- 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.
- 30 For my yoke is easy, and my burden is light."

Day 5

Psalm 110 – See Day 4

Romans 12:1-2

- 1 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship.
- 2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

1 Peter 2:9

9 But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light.

Hebrews 7:15-28

- 15 This becomes even more evident when another priest arises in the likeness of Melchizedek, 16 who has become a priest, not on the basis of a legal requirement concerning bodily descent, but by the power of an indestructible life.
- 17 For it is witnessed of him, "You are a priest forever, after the order of Melchizedek."
- 18 On the one hand, a former commandment is set aside because of its weakness and uselessness
- 19 (for the law made nothing perfect); but on the other hand, a better hope is introduced, through which we draw near to God.
- 20 And it was not without an oath. For those who formerly became priests were made such without an oath,
- 21 but this one was made a priest with an oath by the one who said to him: "The Lord has sworn and will not change his mind, 'You are a priest forever."
- 22 This makes Jesus the guarantor of a better covenant.
- 23 The former priests were many in number, because they were prevented by death from continuing in office,
- 24 but he holds his priesthood permanently, because he continues forever.
- 25 Consequently, he is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them.
- 26 For it was indeed fitting that we should have such a high priest, holy, innocent, unstained, separated from sinners, and exalted above the heavens.
- 27 He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people, since he did this once for all when he offered up himself.
- 28 For the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son who has been made perfect forever.